



Press Release

“Hey Google, wake me up at 6am tomorrow”: Philips Hue brings voice commands to your sleep and wake up feature with the Google Assistant

First ever integration of Philips Hue sleep and wake up feature with a digital assistant

CES - Las Vegas, Nevada (USA) – Signify (Euronext: LIGHT), the world leader in lighting, has collaborated with Google to bring consumers the ability to use voice commands with the Google Assistant to activate sleep and wake light effects, using Philips Hue functionality, that replicate the optimum light performance for winding down before bed time and waking up naturally in the morning. It represents the first integration of the Philips Hue sleep and wake up feature with a digital assistant platform.

From launch, features will include:

- **One-time alarm sync:** Users can say “Hey Google, Turn on Gentle Wake Up” which will sync their Philips Hue lights with subsequent morning alarms with the Google Assistant. Every time the user sets their alarm on the Google Assistant, Philips Hue lights will naturally wake the user up with a sunrise effect commencing 30 minutes beforehand.
- **Scheduled sleep / wake:** Users will be able to set sleep by saying “Hey Google, sleep the lights at 10pm”, changing the lights to a warm tone of white light which gradually fades over thirty minutes. This functionality will work similarly to when you would like to wake up.
- **Direct action:** Users can instruct their Philips Hue lights via the Google Assistant to sleep and wake immediately, meaning the Philips Hue lights will activate the sleep and wake process directly for the 30-minute duration.
- **Multi Person activation:** Just like the Hue app – the Google Home app lets you manage your lights in different rooms which means you can set the wake-up routine not only for your own bedroom, but also for other rooms, e.g. Kids Bedroom, Jimmy’s Bedroom, etc

What light can do

Research is increasingly showing the important role light plays in how we feel and how well we sleep. Melatonin, the hormone that helps to regulate our wake and sleep cycle, is influenced by light, whether that’s natural or artificial light¹. By having the right light as we prepare for bed, we can get a better night’s sleep, whereas waking up with the right light can help us start the day feeling more energized.

¹ Santhi N, Thorne HC, van der Veen DR, Johnsen S, Mills SL, Hommes V, Schlangen LJM, Archer SN, Dijk DJ (2011) The spectral composition of evening light and individual differences in the suppression of melatonin and delay of sleep in humans. *J Pineal Res* 53: 47-59. 10.1111/j.1600-079X.2011.00970.x [doi].



While many people need an alarm clock to wake up in the morning, by using light that simulates sunrise by gradually increasing light levels before the alarm goes off, you can improve well-being, mood and cognitive performance even much later in the day².

“Sleep plays such an important role in our health and well-being, so we’re pleased to be adding yet another option for our users to help them relax before bedtime and wake up in a way that prepares them well for the day ahead,” says Duncan McCue, Head of Partnerships for Philips Hue at Signify.

The new feature will be accessible to all consumers in English speaking countries by March 2019.

For more information about Philips Hue products visit www.meethue.com

Signify became the new company name of Philips Lighting as of May 16, 2018.

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About Signify:

Signify (Euronext: LIGHT) is the world leader in lighting for professionals and consumers and lighting for the Internet of Things. Our Philips products, Interact connected lighting systems and data-enabled services, deliver business value and transform life in homes, buildings and public spaces. With 2017 sales of EUR 7.0 billion, we have approximately 30,000 employees and are present in over 70 countries. We unlock the extraordinary potential of light for brighter lives and a better world. We have been named Industry Leader in the Dow Jones Sustainability Index for two years in a row. News from Signify is located at the Newsroom, Twitter, LinkedIn and Instagram. Information for investors can be found on the Investor Relations page.

About Philips Hue:

² Luc Schlangen (2016). The effect of light on our sleep/wake cycle



Philips Hue is the world's leading connected lighting system for the home. It comprises bulbs, strips, spots, lamps, sensors and controls. Through a vibrant developer program there are more than 750 third-party apps for Philips Hue. The system is transforming how light is used in and around the home to stimulate people's senses, light their moments and help provide peace of mind when away from home.

From the launch of Philips Hue in October 2012, Signify has encouraged other companies to develop devices, apps and systems that interoperate with the system. From third-party apps and wearable technology, to internet services and connected home products; Philips Hue goes beyond illumination to provide more than just light - to deliver new experiences where the only limit is your imagination.

Under the Friends of Hue partnership program, participating companies have products, applications and platforms tested and certified as being able to integrate with Philips Hue to deliver a quality and seamless new lighting experience. The program is also open to luminaires manufacturers, so they can build and market products integrating Philips Hue technology and provide choice and a consistent lighting experience to customers. For more information, please visit www.meethue.com